
JOHN ROY COOK, Ph.D., Registered Psychologist

CURRICULUM VITAE

REGISTRATION

College of Psychologists of British Columbia (#1025)
Canadian Register of Health Service Providers in Psychology (#4705)

EDUCATION

- 2004 One Eye Integration (OEI)
Levels I and II, Dr. Rick Bradshaw and Audrey Cook
Abbotsford, B.C.
- 2003 - 04 Energy Diagnostic and Treatment Methods (Edx™)
Levels I, II, III and IV, Dr. Fred Gallo
Vancouver, B.C.
- 1996 - 97 Eye Movement Desensitization Retraining (EMDR)
Levels I and II, EMDR Institute, Inc.
Vancouver, B.C.
- 1992 - 93 Adult Survivors of Childhood Sexual Abuse
Levels I and II, Justice Institute
Vancouver, B.C.
- 1989 Ph.D., Clinical Psychology (APA Accredited)
University of North Dakota, Grand Forks, ND
- 1988 - 89 Clinical Psychology Intern (2500 hours)
APA Accredited Pre-doctoral Internship
Erie County Medical Center, Buffalo, NY
(a) Inpatient psychiatry
(b) Adult Child and Family Clinic
(c) 24-hour Emergency Mental Health
(d) Psychiatry consultation and liaison

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- 1987 - 88 Clinical Psychology Extern (1000 hours)
Mental Health Division, Northwest Medical Center
Thief River Falls, Minnesota
(a) Day-Night Treatment Unit
(b) Outpatient Treatment Unit
(c) Clinic for ADHD children
(d) Group home consultation and liaison
- 1986 - 88 Student Therapist (400 hours)
Psychological Services Center
University of North Dakota
Grand Forks, North Dakota
- 1980 M.A., Applied Psychology (School Consultant)
Ontario Institute for Studies in Education
University of Toronto, Toronto, Ontario
- 1977 School Psychology Extern (400 hours)
Behavior Modification Practicum
Adventure Place
Children's Day Treatment Center
Toronto, Ontario
- 1976 B.Ed., Elementary Education
University of Western Ontario, London, Ontario
- 1975 B.Sc., Honours Psychology and Physiology
University of Western Ontario, London, Ontario

Employment

- Since 1995 President and CEO
Aegis Psychological Services Inc.
Victoria, B.C.
- 1999 - 2000 Capital Health Region
Urgent Short Term Ambulatory Team
Victoria, B.C.

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- 1995 - 1996 Sessional Instructor
Psychology Department, University of Victoria
Victoria, B.C.
- Since 1992 Psychologist in private practice
Victoria, B.C.
(a) individual, relationship and group psychotherapy
(b) ability and personality assessment
(c) clinical consultation
- 1995 Clinical Director
Victoria Child Sexual Abuse Society
Victoria, B.C.
(a) clinical supervision
(b) program planning and evaluation
(c) inter-agency liaison
- 1991 - 95 Psychologist
Royal Jubilee Hospital
Victoria, B.C.
(a) inpatient psychiatry
(b) outpatient services
(c) graduate student practicum
(d) consultation to general medicine
- 1990 - 91 Coordinator of Research and Student Placement
Youth Services Program, Royal University Hospital
Saskatoon, Saskatchewan
(a) inpatient psychiatry
(b) psychiatric day treatment
(c) group home
(d) outpatient psychiatry
- 1989 - 90 Assistant Professor
One-year term appointment
Psychology Department
University of Saskatchewan
Saskatoon, Saskatchewan

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- 1988 Instructor
Human Services Program, Northland College
Thief River Falls, Minnesota
- 1986 - 90 Instructor, Extension Department
University of North Dakota
Grand Forks, North Dakota
- 1981 - 85 School Psychologist, South East Region
Child Care and Development Branch
Manitoba Education, Winnipeg, Manitoba
- 1980 - 81 Teacher of English as a Second Language
York Region Separate School Board
Richmond Hill, Ontario
- 1979 - 81 Psychometrist
York Region Separate School Board
Richmond Hill, Ontario
- 1976 - 79 Elementary School Teacher (grades K to 8)
Dufferin-Peel Separate School Board
Mississauga, Ontario

Dissertations

- Cook, J. (1980). The effect of infant and parent sex, parent sex-role, and the passage of time on infant movement and behaviour. Unpublished master's thesis, University of Toronto, Toronto.
- Cook, J. (1989). The effects of methylphenidate on resource allocation in the mental processing of ADD children. Unpublished doctoral dissertation, University of North Dakota, Grand Forks.

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Publications

- Burd, L., Cook, J., & Randall, T. (1990). The Hand Apraxia Scale. Perceptual and Motor Skills, 70, 219-224.
- Bird, L., Kerbeshian, J., Cook, J., Bornhoeft, D. M., & Fisher, W. (1988). Tourette Disorder in North Dakota. Neuroscience and Biobehavioral Reviews, 12, 223-228.
- Cook, J., & Burd, L. (1990). A preliminary report on the construction and validation of a pediatric sleep disturbance questionnaire. Perceptual and Motor Skills, 70, 259-267.
- Cook, J., Mausbach, T., Burd, L., Gascon, G. G., Slotnik, H. B., Paterson, B., Johnson, R. D., Hankey, B., & Reynolds, B. W. (1993). A preliminary study of the relationship between Central Auditory Processing Disorder and Attention Deficit Disorder, Journal of Psychiatry and Neuroscience, 18(3), 130-137.
- Cook, J., & Tyler, J. (1989). Help-seeking attitudes of North Dakota farm couples. Journal of Rural Community Psychology, 10(1), 17-28.
- Cook, J., & Wiesendanger, M. (1976). Input from Trigeminal cutaneous afferents to neurones of the Inferior Olive in rats. Experimental Brain Research, 26, 193-202.
- Dodd, J., Burd, L., & Cook, J. (1990). The Functional Time Estimation Questionnaire. Novato, CA: Academic Therapy.

Professional Organizations

Canadian Psychological Association
American Psychological Association
British Columbia Psychological Association

Area of Specialization

Individual and group cognitive behavioural therapy for depression, anxiety (including acute and posttraumatic stress), and pre-psychotic conditions associated with bipolar disorder and schizophrenia.